

St Mary & St Peter Primary School Newsletter

Set Sail for Success

Newsletter Friday 23rd April 2021

Executive Headteacher: Mrs. Priscilla Crane

Head of School: Mrs. Jade Block



Our Mission Statement

Through nurturing trust and strong relationships, our learning adventure will see each and every one of us thrive in God's love.

Values

*Believe
Respect
Love
Trust*

Headteacher's News

Dear Parents and Carers,

Our school is committed to promoting the safe and responsible use of the internet and as such we feel it is our responsibility to raise this particular issue as a growing concern.

We understand that it is increasingly difficult to keep up with the ways that our children are using new and ever changing technologies. Our children are immersed in a society that has become dependent on powerful computers, including smart phones, iPads, interactive online games and virtual communities. We strongly urge that you regularly monitor your son/daughter's internet use, and ask that you know about the following concerns of social media:

- Many sites use 'targeted' advertising and therefore your child could be exposed to adverts of a sexual or other inappropriate nature, depending on the age they stated when they registered. They may have lied about their age to get an account, making them appear older than they are, increasing this risk.
- Young people may accept friend requests from people they don't know in real life which could increase the risk of inappropriate contact or behaviour. The general rule is, if they aren't friends in real life, they shouldn't be 'friends' online.
- Language, games, groups and content posted or shared on social media is NOT moderated, and therefore can be offensive, illegal or unsuitable for young people.

Through lessons provided at school, assemblies, guest speakers, and PSHE lessons, we do our best to provide our children with the awareness and knowledge they need in order to recognise and avoid dangerous, destructive, or unlawful behaviour and to respond appropriately.

Contact Details

office@smspprimary.norfolk.sch.uk

01493 445117 @SMSPgorleston

However, it is only through a collaborative effort between parents and teachers that we will succeed in creating responsible and safe cyber citizens. I have posted onto our school Twitter page a link to how to set up parental controls, but this is also available on the next page.

As mentioned in last week's newsletter, we are asking our parents to complete a survey. However, this time please can we ask that you take the time to go the Ofsted Parent View Website to complete a survey on what you think of our school. Please follow this link to do this - you will need to register but it shouldn't be a long process.

<https://parentview.ofsted.gov.uk/>

Please do continue to check our school app for any important updates and communication.

Warmest best wishes,
Mrs Block

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.



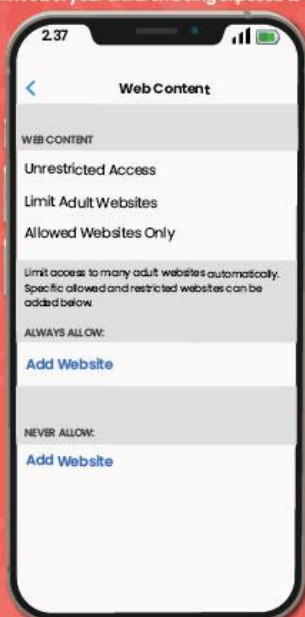
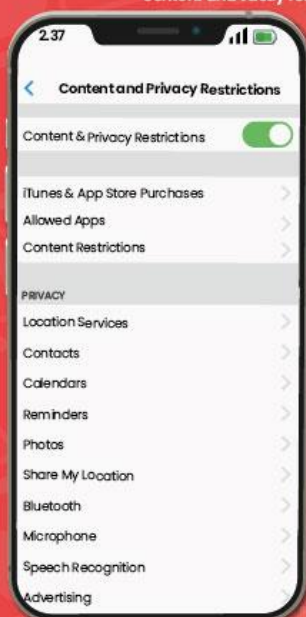
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How to Set up PARENTAL CONTROLS to limit age-inappropriate CONTENT iPhone



The parental controls on iPhones allow you to block or restrict certain apps, features, content, downloads, or purchases. Setting limitations on content ratings, Siri and web searches enables you to filter out age-inappropriate content and vastly reduce the likelihood of your children being exposed to unsuitable material and information.



18+

Set up content rating restrictions

Content filters keep your child from viewing unsuitable material. They block apps, films and TV shows with specific age ratings, and music and podcasts with explicit content.

- 1 Open Settings
- 2 Tap Screen Time
- 3 Enable Content & Privacy Restrictions
- 4 Tap Content Restrictions
- 5 Choose the Settings for each feature you wish to restrict



Set up web restrictions

Website content filters restrict age-inappropriate content on Safari. You can also blacklist certain websites or allow access only to approved sites.

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Content Restrictions
- 4 Tap Web Content
- 5 Choose between Unrestricted Access, Limit Adult Websites and Allowed Websites Only
- 7 Choose which websites you wish to allow/block



Set up Siri web search restrictions

You can screen out explicit language to avoid Siri displaying inappropriate results. You could also disable Siri entirely, so your child can't use it to search the web.

- 1 Open Settings
- 2 Tap Screen Time
- 3 Tap Content & Privacy Restrictions
- 4 Tap Content Restrictions
- 5 Scroll Down to Siri
- 6 Choose to block either or both Web Search Content and Explicit Language



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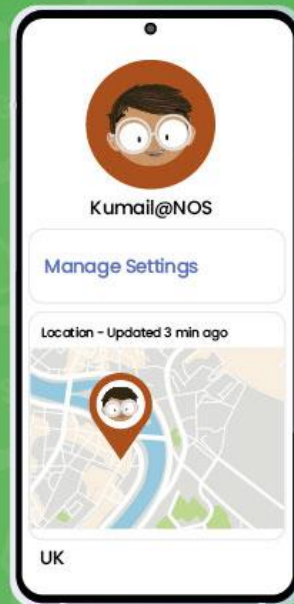


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How to Set up PARENTAL CONTROLS to limit age-inappropriate CONTENT Android Phone

The settings on an Android device allow you to prescribe certain rules for when your child is using it. For example, you can block specific types of content to reduce the risk of your child being exposed to age-inappropriate material (music with explicit lyrics, for instance, and games, TV shows or movies that are unsuitable for young people). There are two ways to access parental controls on an Android phone: through Google Play or via the Google Family Link app. You can also lock your changes behind a PIN, so your child (or anyone else) can't change them back.



Set up parental controls with Google Family Link

- 1 On your phone, install Google Family Link for Parents
- 2 Tap Open and review the information
- 3 Tap Get Started
- 4 Tap Next to set up your child's device
- 5 On your child's phone, download Google Family Link for Children & Teens and enter the Family Link setup code provided
- 6 On your phone, open the Family Link app
- 7 Tap your child's name
- 8 Tap Manage Settings
- 9 Tap Controls on Google Play
- 10 Tap the content you would like to restrict
- 11 Choose how to filter or restrict access

Set up parental controls with Google Play

- 1 Open the Play Store app
- 2 Tap Menu (represented by three horizontal lines)
- 3 Tap Settings
- 4 Tap Parental Controls
- 4 Enable Parental Controls
- 4 Create Pin
- 4 Tap the content you would like to restrict
- 4 Choose how to filter or restrict access



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Item donations for our Thrive garden

If anyone has any spare soil/compost, flower pots, plants etc that they are able to donate to our school, we would very much appreciate this. During the children's Thrive sessions, they will be revamping our raised beds to make them look much more appealing.

Thank you in advance.

Absences

If your child is off school, please can you tell us the details of their absence/illness when leaving your message on the absence line. UNWELL is not enough. This is especially important at present, due to Covid. Thank you.

Catch up sessions

Catch up letters will be sent to parents of children who have been invited to attend these sessions. The sessions will either be an 8am start or an after school session. This will be communicated on the letter.

Governor vacancies

We are wanting to recruit a governor who is skilled in finance and/or interested in educational policy. If you are interested or know anyone who would be - please do get in touch with Mrs Block.

Year 4 Multiplication Tables Check

Year 4 parent's guide for Multiplication Table Check. This will take place between 7th and 25th June. Please follow the below link for more information.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/971837/2021_Information_for_parents_Multiplication_tables_check_WEBHO.pdf

Free Lateral Flow Tests

The Well Pharmacy at the back of the Co-op, on Magdalen Way, in Gorleston have boxes of free lateral flow tests. If you would like some please go and collect from there.



Rewards

Stars of the Week:

Reception - Diya and Rudey

Year 1 - Olivia and Marcus

Year 2 - Millie and Julie Marie

Year 3 - Matilda and James

Year 4 - Connor and Jayden

Year 5 - Lacey and Jayden

Year 6 - Rocky and Sophia

Well done to all our star workers this week!

Attendance:

Well done Year 4 and 6 for both having 100% attendance W/C 19th April.

Reading Record:

Reading Record winners for this week are Year 4 with 96% of the class reading each night this last week. Well done year 4!



1st Y4 96%

2nd Y5 84%

3rd Y2 55%

4th YR 37%

5th Y3 36%

6th Y1 34%

7th Y5 28%

Please can we ask that children read each night to a parent or older sibling, and that this is recorded in their school diary, to go towards the classes weekly reading total.

If your child is an independent reader, please record that you have seen them read independently instead.

Thank you!



**appointment
with the class
teacher.**

Help in a crisis

<https://www.nsft.nhs.uk/Find-help/Pages/Help-in-a-Crisis.aspx>

FirstResponse is a 24/7 helpline offering immediate advice, support and signposting for people with mental health difficulties.

If you are experiencing something that makes you feel unsafe, distressed or worried about your mental health you can now call the helpline on **0808 196 3494**

Norfolk and Waveney Mind telephone support line

The Telephone Support Line provides a listening ear, emotional support, coping strategies, signposting and practical advice for people living in Norfolk and Waveney. This includes help with developing plans to tackle and limit crisis situations.

Visit the Norfolk and Waveney Mind helpline website, or call **0300 330 5488**, to find out more about accessing this support.

Opening times: weekdays 4pm - midnight, weekends 10am - midnight.

Experiencing low mood, stress or anxiety?

Self-refer to our Wellbeing services, which are run in partnership with the Mind charity.

Visit www.wellbeingnands.co.uk or call **0300 123 1503**

If you have more complex problems, visit your GP and discuss how you are feeling. They can refer you into our services, if appropriate.

Just One Norfolk

<https://www.justonenorfolk.nhs.uk/>

The 'go to' health website for Norfolk.

This Week's Prayer

Prayer



MAY THE GOD
OF *hope* FILL
YOU WITH ALL
JOY & peace
SO THAT BY THE
POWER OF THE
HOLY SPIRIT
YOU MAY ABOUND
IN HOPE. ROMANS
15:13
THE GRACE SCRIPTS



*St Mary and St
Peter, Pray for
us.*

Upcoming Events

Friday 21 st May	Pentecost Celebrations in school
Friday 28 th May	Half term begins
Monday 7 th June	Pupils return
Friday 18 th June	Year 6 Eaton Vale Trip
Wednesday 23 rd June	New Reception intake parents evening 2021
Friday 2 nd July	School reports emailed to parents
Tuesday 6 th July	Sports Day KS1am KS2pm
Friday 9 th July	Year 6 Performance 6pm
Friday 16 th July	Last day of term 1pm finish
2 nd and 3 rd September	INSET (Staff only)
Monday 6 th September	Pupils return

Dates for
the Diary:

