

Autumn/Winter 2023/2024: 4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1

FRIDAY

Golden Fish Fingers

with Chips

Pizza

Margherita

with Chips

### LUMEEK 1



### MATN FVFNT

MEAT-FREE MAGIC

**Vegetarian Dish** 

**Vegetables and Salads** 

**Topped Pasta** 

Filled Jacket

**Pudding** 

Toffee Sponge and Custard

MONDAY

Chicken & Vegetable

Meatballs in Tomato

Sauce with Pasta

**Twirlers** 

Sweet Chilli

Vegetable Stir Fry

with Whole Grain

Rice

Mixed Salad

#### TUESDAY

Mild Chicken Curry with Whole Grain Rice

Cheesy Broccoli

Pasta Bake

Green Beans

Broccoli

Daily salad bowl and freshly baked bread available every day

WEDNESDAY

Sausages with

Mashed Potatoes

and Gravy

Homemade Cheese

and Leek Sausages

with Mashed

Potatoes and Gravy

Peas

THURSDAY

BBO Drizzle Pizza

with Baked Potato

Wedges

Vegetable and Lentil

(Tarka Dhal) Curry

with Whole Grain

Rice

**Baked Beans** 

**Hot Pasta topped with Homemade Tomato Sauce** 

#### **Crispy Skin Jacket Potatoes**

with Cheese or Beans

Jelly & Fruit Slices **Tropical Pineapple** Crumble and Custard

Orange Cookie

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



Autumn/Winter 2023/2024:

11/9, 2/10, 23/10, 20/11, 11/12, 15/1, 5/2

# WEEK 2 MF | WEEK 2



MATN FVFNT



**Vegetarian Dish** 

All Day Veggie Breakfast Brunch Veggie Sausage, Egg, Hash Brown and Beans

MONDAY

All Day Breakfast

Brunch Sausage, Egg, Hash

**Brown and Beans** 

TUESDAY

Pizza Margherita with Baked Potato Wedges

Golden Vegetable Fingers with Baked Potato Wedges

WEDNESDAY

Roast Chicken and **Stuffing Roast** Potatoes & Gravy

Super Veggie Pie Vegetable, Lentil and Onion Pie with Mash THURSDAY

Chicken and Vegetable **Noodle Stir Fry** (Chow Mein)

Mexican Bean Wrap with Whole Grain Rice

FRIDAY

Golden Fish **Fingers** with Chips

**Cheesy Sweetcorn** Pizza with Chips



**Vegetables and Salads** 

**Baked Beans** 

Green Salad

Carrots

Sweetcorn

**Baked Beans** 

Daily salad bowl and freshly baked bread available every day

**Hot Pasta topped with Homemade Tomato Sauce** 

**Crispy Skin Jacket Potatoes** with Cheese or Beans



PASTA TWIRLER **Topped Pasta** 



Filled Jacket



**Pudding** 

Fruity Flapjack

Jammy Crumble Bars

Apple Crumble and Custard

Orange Jelly

Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day



**Autumn/Winter 2023/2024:** 18/9, 9/10, 6/11, 27/11, 18/12, 22/1

# LUNCH WEEK3 MENU



MATN FVFNT

MEAT-FREE MAGIO

RAINBOW ALLEY Vegetables and Salads

PASTA TWIRLER
Topped Pasta

BIG TOPPING
Filled Jacket

DESSERT TROLLEY
Pudding

MONDAY

Hot Dog with Baked Potato Wedges

Vegetarian Shepherd's Pie

Green Beans

Watermelon

Wedge

TUESDAY

Tomato & Roasted Vegetable Pasta Bake

Mixed Vegetable Korma with Whole Grain Rice

Broccoli

WEDNESDAY

Roast Gammon with Roast Potatoes and Gravy

> Baked Mac n Cheese

Carrots

THURSDAY

**Pizza Day!**Veggie Supreme
Pizza with Baked
Potato Wedges

BBQ Drizzle Pizza with Baked Potato Wedges

Peas

Fingers with Chips

FRIDAY

Golden Fish

Golden Vegetable Fingers with Chips

**Baked Beans** 

**Hot Pasta topped with Homemade Tomato Sauce** 

Daily salad bowl and freshly baked bread available every day

**Crispy Skin Jacket Potatoes** 

with Cheese or Beans

Chocolate Crunch and Custard

Oaty Apple Crunch Slice Strawberry Jelly Vanilla Ice Cream

Cut fruit, yoghurt and jelly available every day